

**Adult Sunday School Lesson**  
**Nassau Bay Baptist Church**  
**February 14, 2021**

**Read Luke 6:1-11**

Jesus and his disciples are charged with the failure to keep the Sabbath. They rubbed the grain between their hands to remove the chaff, and this was considered by the Pharisees to be work.

**Read Exodus 20:8-11**

1. Remember
2. Keep Holy
3. Six days
4. God's Sabbath
5. No Work
6. Blessed and Holy

**Read Genesis 2:1-3—Seventh Day**

1. Ended His Work
2. Rested from All His Work
3. Blessed
4. Made Holy

**Read Hebrews 4:9—*Sabbatismos*—A Sabbath Rest**

1. A More Permanent Rest
2. The Rest Toward Which the Sabbath Looked
3. To Rest in Him By Faith and Not Continue in Our Works

**Read Colossians 2:16-17**

1. Let No One Judge You
2. Sabbath Is A Shadow
3. Substance Is Christ

**Read Romans 14:5-6**

1. Be Convinced
2. Observe It or Not to the Lord

**Read Acts 15:19-21**

1. Sabbath Not Mentioned
2. Connection of Synagogues and Sabbath

**Read Luke 6:6-11**

Let's take these stories in reverse. While the Pharisees were intent upon the Laws of the Sabbath, Jesus was focused upon the Lord of the Sabbath. (See verse 5.)

Entering the synagogue on the Sabbath was Jesus' custom. And Jesus taught in the synagogue. (6)

Healing was not allowed on the Sabbath unless death would come if treatment was not applied.

Jesus called the man with the withered hand to stand, presumably so others could see clearly what He was doing.

Then Jesus divided our actions between doing what is inherently good and doing evil, saving the soul (*psyche*) or destroying.

Further, he asked what was permitted? He did not really ask what the law says.

For Jesus, this was an opportunity to reach a man's soul, not just his body. *For the Son of Man has come to seek and to save that which was lost.* (Luke 19:10) No one could guarantee Jesus that He would have another opportunity. In healing the man's hand, the man personally and in reality would come to faith, to believe in Him. Others seeing it might believe as well. *For He says: "In an acceptable time I have heard you, And in the day of salvation I have helped you." Behold, now is the accepted time; behold, now is the day of salvation.* (2 Corinthians 6:2)

So Jesus has established that the Sabbath is always open to doing good. In fact, this is what it means to be a child of God. The law is to do good, whether it is permitted or not. And, *Therefore, to him who knows to do good and does not do it, to him it is sin.* (James 4:17)

#### **Read Luke 6:1-5 and 1 Samuel 21:1-6**

The Pharisees accuse the disciples of working on the Sabbath by crushing the grain in their hands. Grabbing grain as you passed through a field was legal for travelers, but it was not permitted on the Sabbath.

Jesus asked them, "What about David at Nob?"

The Bread of Presence or Shewbread was set out before God each Sabbath. When the bread was removed after a week, it was given to the priests to eat in a holy place.

It is likely this story of David took place on the Sabbath because the Bread of Presence had just been replaced. Ahimelech gave David the bread that had been removed.

On what basis did Ahimelech do this? He gave the bread on the basis of a moral judgment that the legitimate needs of people outweigh the ceremonial law. This is the same basis upon which Jesus healed the withered hand and upon which He allowed the disciples to crush and eat grain on the Sabbath. Mark records, *And He said to them, "The Sabbath was made for man, and not man for the Sabbath. Therefore the Son of Man is also Lord of the Sabbath."* (Mark 2:27-28)