

Adult Sunday School Lesson
Nassau Bay Baptist Church
November 22, 2020

Once again, the Lord tries to explain to His people that He is seeking a relationship rather than a religion. Doing never substitutes for being. And doing for the purpose of manipulation is abhorrent to our God.

Read Isaiah 58:1-14

Knowing vs Doing (1-2)

V. 2—“delight to know”

They do all the right things.

They delight to know my ways.

They delight to approach God.

They know, but they do not do what God seeks from them.

BUT . . . They are transgressors and sinners. (v. 1)

Doing vs Obeying (3-5)

They fast . . . for the wrong reasons.

They fast to gain political points.

They do, but they do not obey.

BUT . . . God’s fast is an outward sign of a changed heart. (v. 5)

Obeying vs Loving (6-12)

God’s fast is to bring relief wherever we can.

God’s fast is to release people from sin.

God’s fast is to remove oppression.

God’s fast is to feed others.

God’s fast is to love others.

BUT . . . You obey in fasting, but not in heart. You seek your own pleasure and benefit rather than others’. You must extend your soul—step out of your comfort zone. (v. 10)

Loving vs Delighting in God (13-14) [Knowing vs Being]

Loving others is good.

BUT . . . delighting in God is best. Turn from pleasure. Delight in the Sabbath, a fast from yourself. Honor the Lord by not doing your own ways, nor finding your own pleasure, nor speaking your own words. Every day a fast. Every Sabbath a renewal of that fast.

THEN . . . you shall delight yourself in the Lord!